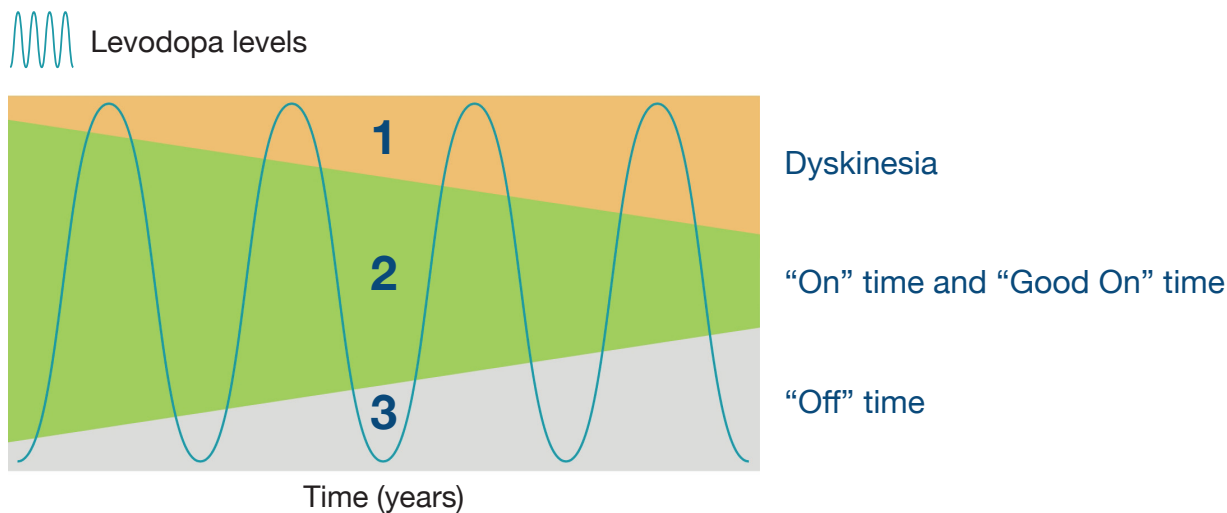


Understanding the Language of Parkinson's Treatment

The following are terms healthcare providers commonly use. Knowing what they mean will help you have better conversations with your doctor.



1 Dyskinesia

medicine is working but level of levodopa is too high—and you may experience involuntary movements you can't control

2 "On" time

medicine is working, and your symptoms are well-controlled

"Good On" time

medicine is working, and you are not experiencing movements you can't control or they are not impacting your daily activities

3 "Off" time

medicine no longer works, and symptoms return

Understanding carbidopa/ levodopa (CD/LD) options



Immediate-release CD/LD:

the most commonly used form of levodopa. Immediate-release means the levodopa is released immediately after it is taken so that it can start to work quickly

Controlled-release CD/LD:

controlled-release means that the levodopa is released slowly which takes it longer to start working. Controlled-release CD/LD has been shown to be no more effective than immediate-release CD/LD

Extended-release CD/LD:

a newer form of CD/LD that contains both immediate- and extended-release components. This allows extended-release CD/LD to work quickly and sustain levodopa levels for longer than other levodopa formulations. It has also been shown to be more effective at controlling motor function than immediate-release CD/LD